

A STUDY ON IMPACT OF STRESS LEVEL AND ITS EFFECT ON EMPLOYEE SATISFICATION IN THEIR JOB AMONG STAFFS IN COLLEGE

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ABSTRACT

The main objective of this research study is to measure stress level and its effect on employee satisfaction in their job among staffs at college, Madurai. Human Resource is an important asset for any organization. Human resources are a private variable without which the inanimate assets are worthless. The spice of life or the kiss of death the stress is always with us. Handling human is always an adventure. And to handle man with more stress is a real challenging task. The topic "Stress" is real time problem in most of the concerns which leads to collapse of the whole organizational activity. Job satisfaction is often determined by how well outcome meet or exceed expectations. For instance, if organization participants feel that they are working much harder than others in the department but are receiving fewer rewards they will probably have a negative attitudes towards the work, the boss and or co-workers. The main objective is to find out the stress influence their productivity of the employees and also find out its reverse impact and to find out the level of job satisfaction of all the teaching staff. A Simple random sample which is considered for this research study. The sample size of the population taken for this study is 100.

KEYWORD: Employee satisfaction, Stress Level, Job Satisfaction, Productivity
