

ERGONOMICS – A NEW AREA NEED DEVELOPMENT?

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ABSTRACT

Ergonomics is the study of people efficiency in their workplace. Ergonomics helps to balance the things that interact with employees in terms of their ability, skill and limitations. This paper aims to clarify the term ergonomics and its benefit in the organization's result and at the same time employee's physical and mental satisfaction. Today's world is more competitive and technologies and organization's expectation from the workers also increased and it will create overload of work to workers. That will create many problems in workplace and family life of the workers. So the study is essential in present phenomena.

KEYWORDS: Ergonomics, work life, efficiency of workers.

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