

## **DIAGNOSIS OF EGO STATES AND PERCEIVED BEHAVIORAL PERFORMANCE**

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### **ABSTRACT:**

Aim of the current study is to enhance the practical understanding of TA as psychotherapy and explore the relationship of Ego-States and individual behavioral performances. Study incorporates the scale of measuring PAC (Parent, Adult and Child) Profile of the person with in-depth interview focusing on his/her life script for the knowledge of respective dominant ego states and its impact on their behavioral performances. The attempt has been made to do the behavioral diagnosis, social diagnosis, historical diagnosis and phenomenological diagnosis of ego states. The present research has incorporated 2 academicians as a case to observe the phenomenon into their behavior and has drawn conclusions on their respective diagnosis of Ego states. This study is the first part of the process intervention which has applied on X Academy of Engineering Institute. The intervention entitled as “TA Therapy to Engineering Academicians” has resulted after the observed unrest among the faculty and students and deteriorated learning scenario. Current study has taken qualitative and quantitative research approach. The study finally concludes the phenomenological relationship between behavioral outcome, life script and ego states.

**KEY WORDS:** Ego States, Transactional Analysis, Contextual diagnosis.

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