GUIDANCE NEEDS OF SECONDARY SCHOOL STUDENTS 
IN RELATION TO ACADEMIC ANXIETY

MONIKA SHARMA

ASSOCIATE PROFESSOR
INDIAN INSTITUTE OF EDUCATION
HARI DEVI, GHANAHATTI
SHIMLA

ABSTRACT
The present paper aims to determine the effect of gender and academic anxiety on the guidance needs of students studying in government secondary schools of District Shimla of Himachal Pradesh. Guidance Needs Inventory (GNI) developed by Dr. J.S. Grewal (1999) and Academic Anxiety Scale for Children (AASC) developed by Dr. A.K. Singh & Dr. A. Sen Gupta (1999) were administered on a sample of 160 adolescents selected through random cluster sampling technique from 16 government schools of district Shimla of Himachal Pradesh. Norm for level of academic anxiety were developed from academic anxiety scores by applying the technique of Mean±1/2SD. Statistical technique of analysis of variance (2x2 factorial design) was used to analyze the guidance need scores of boys and girls having high and low level of academic anxiety. The results indicated that students having high level of academic anxiety have more guidance needs as compared to students having low level of academic anxiety. Moreover a significant difference was found in the guidance needs of boys and girls of secondary schools.

KEY WORDS: Guidance needs, Academic anxiety.