FACTORS CAUSING DISTRESS AMONG YOUTH: A STUDY IN SALIA SAHI URBAN COMMUNITY, BHUBANESWAR, ODISHA

GANGOTRI DASH
RESEARCH SCHOLAR, DOS IN SOCIAL WORK, UNIVERSITY OF MYSORE, MYSURU;

DR. MOHAN A.K.
ASSISTANT PROFESSOR, DOS IN SOCIAL WORK, UNIVERSITY OF MYSORE, MYSURU

DHARMAPADA RANJIT
FACULTY, NATIONAL INSTITUTE OF SOCIAL WORK AND SOCIAL SCIENCES, BHUBANESWAR, ODISHA.

ABSTRACT:
Youth is a period in human life which comes with verities of responsibilities and challenges. Young people view world differently. A country’s development depends on how they perceive different elements in society. However many research studies reveal increasing dissatisfaction and confusion among youth (Proctor et. al, 2009; Bala, 1985) which is not a sign of development for youth as well as for the nation. 21st century India is also dreaming to utilize its youth power skillfully in order to create its identity in world forum. For this, we need to understand the issues of youth. The study focused on distress among youth and how various factors such as role confusion, career confusion, family environment, having a goal in life, having role model, satisfaction in occupation etc. are associated. The study has been conducted in one of the biggest urban corner “Sallia Sahi” located in Bhubaneswar, capital of Odisha and total sixty (60) youth of age 16 to 25 years participated in the study.

KEY WORDS: Youth, distress, goal, role confusion, career.

References: