

STUDY ON WORK LIFE BALANCE AMONG THE TEACHING PROFESSIONAL IN HIGHER EDUCATION SYSTEM IN REFERENCE TO RURAL AREA

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ABSTRACT

The expression Work life balance (WLB) is worn to portray the balance between an individual's work and personal life. WLB is defined as a satisfactory level of association or robust between the multiple roles in a person's life. It proposes to present satisfaction and good functioning at work and at home, with a minimum conflict. It is a generally agreed fact that work-life balance is significant for an individual's emotional stability, and self-esteem, satisfaction and overall sense of harmony in life can be regarded as indicators of a successful balance between work and family roles. The study is based on primary data .The study was conducted among the working teaching professionals in higher education system in rural areas of Shirpur Taluka ,Dhule District. A sample of 100 teaching professionals in higher educational system was selected -To study the working environment in higher education system, the ingenuity taken by top management for effective work life balance of their working teaching professionals, and to study the initiative taken by working teaching professionals for their effective work life balance. The study observed that teaching professionals of higher educational system have encouraging result on their work life balance. They freely communicate with their superior about working pattern; change in working conditions and about their problems which leads to effective balance between professional life and personal life. And working teaching professionals have family responsibilities are also have good career opportunities in educational institution in rural area due to work life balance. Working teaching professionals can to fulfill the family responsibility and for personal problems leaves are given by the management. Due to good work life balance of teaching professionals educational institutions are successful and have goodwill in their field.

KEYWORDS: Work life balance, teaching professionals, higher educational system.

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