

THE EFFECT OF EMOTIONAL INTELLIGENCE AND MENTAL WELL-BEING OF NURSES/CAREGIVER ON THE CLINICAL IMPROVEMENT OF PATIENTS IN A PSYCHIATRIC HOSPITAL

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ABSTRACT

Introduction: Emotional intelligence and positive well-being exhibit energy, enthusiasm and productive activities. Many studies have found emotional intelligence and mental well-being of nurses had positive impact on clinical improvement among the patients. Majority of the studies being done in general hospital settings not much is known in psychiatric settings. Hence the present study intended to explore the same in psychiatric setting. **Method:** Cross sectional design was used. **Sample size:** Included 30 patients, who were evaluated for clinical improvement and independent living skills using clinical global impression (CGI) scale, assess by their corresponding psychiatric and Lawton Instrumental Activities of Daily Living (IADL) were assessed by the care takers. Emotional intelligence and metal well-being of the corresponding clinical staff nurses were assessed using emotional intelligence test and Warwick Edinburgh Mental Wellbeing scale. (WEMWBS). **Results:** The study has found a significant relationship between the EI of the caregiver with that of the improvement on the activities of the daily living of the patients. (Significant at .05 level value .415). **Implication:** study highlights the importance of positive mental health of the nurses and the care takers in the improvement of the patients.

KEYWORDS: Emotional Intelligence, Mental wellbeing, Clinical Improvement and Independent Living Skills.

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