

## ASSESSMENT OF RELATIONSHIP BETWEEN SELF-CONCEPT AND INTERPERSONAL VIOLENCE: A PSYCHOLOGICAL STUDY OF ADULT AND AGED WOMEN LIVING IN HIMACHAL PRADESH

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### ABSTRACT

The objective of the present study was to appraise the self-concept and interpersonal violence among adult and aged women living in Himachal Pradesh. For accomplishing the objective a sample of N=400(adult=200,aged=200) women between 18-58 years of age were selected through purposive sampling from various areas of Shimla District of Himachal Pradesh. The sample was given the self-concept Inventory of Mohsin and interpersonal violence scale of Edleson and Minnesota as well as to perform within a predetermined time correlation, regression and t-test was performed. The findings indicate that self-concept is significantly and negatively correlated with interpersonal violence among adult and aged women. Aged women were higher on self concept than adult women. Adult women were higher on interpersonal violence as compared to aged women. Self concept emerged as a predictor of interpersonal violence among adult and aged women.

**KEY WORDS:** interpersonal violence, Himachal Pradesh, self-concept.

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