

## IS YOUR CHILD STUDYING EXCESSIVELY???

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### ABSTRACT

If we look around the present education scenario of our country we will find that hunger of achieving higher grades in studies is increasing day by day, the reason behind this could be the fact that intelligence of a student nowadays is only measured by the marks she or he has secured in their examination. Each and every parent wants to see their children succeed in life. They want to see them settle and earn great for their living. So it seems absolutely okay to have a sincere study devoted child. But wait and think for a while- is it good for the physical and mental health of a child to remain intensely engage in studying? Is it good to keep all day to day crucial activities aside for studies? Higher grades are nowadays considered as synonym of intelligence which has given rise to a world of throat-cut competition. And to fight in such world it is expected from every child that she or he should spend more and more time with their books and studies. Sometimes this act of educational study may become excessive and/or compulsive for some students and can lead to ‘**Study Addiction**’. This article is an attempt to introduce study addiction, factors causing it and its harmful effects on the life of students.

**KEYWORDS:** addiction, work holism, behavioral addiction, study addiction.

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